



carerconnect Newsletter

November
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Issue 7

5561 8111

<https://carerconnect.com.au>

carerconnect@mpower.org.au

Updated roadmap shows progress of the Aged Care Reform

[The reform roadmap](#) has been updated. It includes a range of digital health initiatives and the commencement of new requirements for governing body membership and provider advisory bodies from 1 December 2023.

The roadmap includes major reform elements, sector consultation activities, events and links to more information.

Our aim is to help the sector understand what's coming up and prepare for the changes ahead to improve aged care for older people.

The dates on the roadmap are subject to change with regular updates to keep the sector informed.

View the new and updated [Aged Care Reform Roadmap](#) on the department's website.

For more information please see: <https://www.health.gov.au/>

Thank you for continuing to support and share the Carer Connect Newsletter with colleagues, clients, carers, friends and family. Carers can be anyone 😊.

Our aim is to keep carers and those who support them updated on information, education and programs relevant to the caring role.

If you would like to be included on the email list please ring 5561 8111 and ask for the Carer Connect Coordinator or email carerconnect@mpower.org.au

Carers can now benefit from most of discounts available to Seniors Card holders.

Carer Card holders can now enjoy most of the discounts available to Seniors Card holders in more than 4,000 participating businesses across Victoria.

We have merged the Carer Card and Seniors Card discount directories so that Carer Card holders can access an even wider range of discounts, including:

- eating out
- shopping
- getting help with your finances
- leisure and recreation activities like seeing a movie at a Village cinema.

To find out more information please go to:

https://www.carercard.vic.gov.au/directory_search_results.

Carer Advisory Service

Carers Victoria's Carer Advisory Service is a free, phone advice service. One that provides anyone in a care relationship with information, advice, and help in accessing a range of carer-specific services. Anyone can contact it on 1800 514 845 between 9.00am - 5.00pm, Monday to Friday, regardless of where they live in Victoria or the nature of their care relationship/s.

It was developed in response to advice from carers that a major challenge they experience is navigating multiple service systems, for themselves and the people they care for.

Council of Elders Facebook Page

Did you know the Aged Care Council of Elders have their own Facebook group to connect with older people, their families and carers across Australia?

Join the group now to stay updated on the aged care reforms, learn what the council is working on and find out about ageing well.

You can comment on posts and have your say.

<https://www.facebook.com/groups/agedcarecouncilofelders>

Carers Victoria



A FREE online workshop for carers by Carers Victoria

Are you a carer looking to alleviate the financial strain of daily living expenses? Are you interested in learning practical and effective strategies to save money? Join our interactive Zoom workshop where we will share valuable insights to help you ease the burden of today's high cost of living.

Money-Saving Tips for Carers Online Workshop

<https://www.carersvictoria.org.au/calendar/money-saving-tips-for-carers-online-workshop-9832>

WHEN

Tuesday 14 Nov 2023

7.00pm – 8.00pm

WHERE

Free online workshop

COST

Free online workshop

CONTACT

Carers Victoria

Events Team

1800 514 845

events@carersvictoria.org.au

ADA Law- Community Legal Centre information

Supporting Decision Making

Supporting people to make their own decisions, rather than having someone else make them, doesn't sound that hard. But in a world where service systems are complex, and where the focus on 'consumer choice' sees people asked to make ever more decisions about the services they receive, anyone who has difficulty making decisions is at risk of having others step in and take over.

But everyone has the right to make or participate in decisions about the things that impact their life.

This 'Supported Decision Making' Guide gives people, and those who are supporting them, valuable information that will enable them to keep making decisions about their own lives wherever possible.

[Download your copy](#)



For more information, please go to: <https://adalaw.com.au/decision-making/>



OPAN Webinar Transcript: Title My right to make decisions Filmed
24/10/23

Video Link: opan.org.au/videos/my-right-to-make-decisions-2023/

Glenelg Shire Aged Care and Assessment

Portland District Health (PDH)	Heywood Rural Health (HRH)	Western District Health Services (WDHS) on behalf of Casterton Memorial Hospital (CMH)
Domestic Assistance	Domestic Assistance	Domestic Assistance
Flexible Respite	Flexible Respite	Flexible Respite
Meals	Meals	Meals
Personal Care	Personal Care	Personal Care
Social Support	Social Support	Social Support
	Home Modifications in the Heywood area	Home Modifications in the Casterton and Portland areas
	Home Maintenance in the Heywood and Portland areas	Home Maintenance in the Casterton area and surrounds

If you wish to contact any of these local agencies regarding CHSP Services, please see their contact details below:

- **Portland District Health**

Phone: [5521 0353](tel:55210353)

Email: chsp@swarh.vic.gov.au

- **Heywood Rural Health**

Phone: [5521 0353](tel:55210353)

Email: chsp@heywoodruralhealth.vic.gov.au

- **WDHS on behalf of Casterton Memorial Hospital**

Phone: [5551 8480](tel:55518480) or [5551 8458](tel:55518458)

Corangamite Shire Aged Care and Assessment Services

Service Type	Agency	Phone	How to refer
My Aged Care	Commonwealth Government	1800 200 422	www.myagedcare.gov.au All service entry point For clients 65 yrs and over
Regional Assessment Service	Barwon Aged Care Assessment/ Regional Assessment Service	03 4215 5610	gmccas@barwonhealth.org.au For clients 65 yrs and over All referrals via My Aged Care.
HACC PYP and Assessment Service	Uniting Vic Tas	1300 583 145	Refer direct to Uniting Vic Tas for all clients under 65 years and ATSI clients aged under 50 yrs.
CHSP	genU	1300 558 368	Refer via My Aged Care for clients 65ys and over and ATSI clients aged over 50 yrs.
Dept Veterans Affairs Veterans Home Care	genU	1300 558 368 1300 550 450	Refer via Department of Veterans Affairs.
CHSP Meals on Wheels Terang	Terang Mortlake Health Service	03 5592 0222	Refer via My Aged Care for clients 65ys and over
CHSP Meals on Wheels and individual Social Support (North)	Beaufort Skipton Health Service	03 5340 1100	Refer via My Aged Care For clients 65ys and over
Assessment CHSP HACCPYP (South)	Timboon Health Service	03 5558 6000	timboon@swarh.vic.gov.au
Support and Transition Service	Corangamite Shire Positive Aging & Inclusion	03 5593 7100	servicenav@corangamite.vic.gov.au Assist stakeholders and clients with service access

Carer Support Services and Benefits – Carers VIC

Services

Carer Gateway	1800 422 737 https://www.carergateway.gov.au
Carers Victoria	1800 514 845 www.carersvictoria.org.au
Services Australia	132 307 https://www.servicesaustralia.gov.au/caring-for-someone
Support for Carers Program	https://www.betterhealth.vic.gov.au/health/servicesandsupport/carers-services-home-help-and-support#victorian-support-for-carers-program
Disability Gateway	1800 555 677 https://www.disabilitygateway.gov.au/
Little Dreamers	1800 717 515 https://www.littledreamers.org.au/
Tandem	1800 314 325 https://www.tandemcarers.org.au/
Amaze	1300 308 699 https://www.amaze.org.au/
ECCV	03 9354 9555 (during business hours) https://eccv.org.au/
Rainbow Door	1800 729 367 https://www.rainbowdoor.org.au/

Benefits

Carer Payment	https://www.humanservices.gov.au/individuals/services/centrelink/carer-payment/eligibility
Carer Allowance	https://www.humanservices.gov.au/individuals/services/centrelink/carer-allowance/eligibility/eligibility-rules
Carer Card	Phone 1800 901 958 (during business hours) www.carercard.vic.gov.au
Companion Card	Victorian Companion Card Information Line 1800 650 611 www.companioncard.org.au
Benefits for concession card holders	<ul style="list-style-type: none"> • Energy Concessions • Municipal rates concession • Recreation benefits and Concessions • Care Registration Concessions • Water and sewerage concession • Housing support https://www.carersvictoria.org.au/benefits/victorian-government-concessions-and-benefits-full-listing
Mental Health Carer Support Fund	Tandem Information Line 1800 314 325
Other Benefits	<ul style="list-style-type: none"> • Half Priced Taxi Card • Victoria Mental Health Carer Support Fund • NDIS • Carer Adjustment Payment • Child Disability Assistance • Payment Disability Parking Permit • Better Life Mobile phone plan • Qantas Carer Concession Card https://www.carersvictoria.org.au/benefits

What's On - When



The Mpower Support for Carers program can provide:

- Peer Support Groups to share knowledge support experiences
- Social activities for time out from your caring role
- Aids & equipment for the person you care for
- Workshops and information forums
- Information and referral
- Carer Support and referral to counselling
- Limited funding for short term, flexible respite

Carers Calendar of Events

Hamilton: Carers Meeting

1st Monday of the Month

12:00pm – Lunch @ Little Koi

1:00pm -meeting @ Hamilton Community House

Coleraine: Carers Meeting

2nd Wednesday of the Month

12:00pm – Catching Pen Café, Coleraine

Carers Calendar of Events

Warmambool: Carer Group Meeting

3rd Wednesday of the Month

12:00pm – Flying Horse Bar & Brewery

Time Out Tuesday – Last Tuesday in the Month

Casterton: Carers Meeting

3rd Friday of the Month

11:00am – Old Courthouse Community

Centre, Casterton – Lunch provided

Glenelg Carers: Last Friday of the Month

12:00pm – Fawthrop Community Centre,

Portland - Lunch provided

Camperdown Carers Parent Support Group

1st Friday of each Month

11:00am – Camperdown Community House

Timboon Carer Support Group

1st Tuesday of the Month

11:00am - Aberlea Community Room

Terang Carer Meeting

2nd Thursday of the Month

11:00am – Middle Hotel Terang

For more information or to register your interest phone Judi or Trent on 5561 8111

The advertisement features a photograph of a young woman with blonde hair, wearing a white lab coat, sitting at a table with an elderly woman. They are both smiling and looking at a tablet together. The background is a bright, indoor setting with large windows.

South West Carer Respite Program

The Council's South West Carer Respite Program provides many different respite choices to support Carers & Care Recipients.

Our program includes the municipalities of Warrambool, Glenelg, Moyne, Corangamite and Southern Grampians Shires.

To discuss further please phone: 5559 4800

www.warrambool.vic.gov.au Connect to Council    